

MT ROUSE NEWS & VIEWS COMMUNITY NEWSLETTER



A Project of the Penshurst Mens Shed Inc

F R E E E V E R Y F O R T N I G H T

Editor : Mark Dalla Costa

All correspondence to: penshurstmensshedinc@gmail.com



Under Construction

It's all go at the Penshurst Mens' Shed as we make preparations for the expansion of our premises.

In the meantime its all hands at work with many projects, such as this artistic creation for the Penshurst Preschool. While they might look like shades of grey in this photo, in fact, they are the colours of the spectrum.

And down yonder, for our local Café, there are more of those beautiful tables on the way.

The Mens' Shed is a place for men to gather for conversation, coffee, interesting projects and to help each other make Penshurst a happier and healthier community. We look forward to meeting you there.



DEADLINES FOR SUBMISSIONS

The newsletter issues on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

MONTHLY MEETING DATES

- Book Club, 2nd Wed each month at Senor Citizen club rooms.
- Caramut & dist. Garden Club, 2nd Tues monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tues every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Sat each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tues each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tues each month at 8 pm.
- Mt Rouse & Dist. Historical Society, 4th Sun in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tues each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tues each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am. Everyone most welcome. (No play-group in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst senior Citizens meet last Tues monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tues of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd wed monthly at 2 pm.
- Penshurst Urban Fire Brigade, 2nd Mon monthly at fire station.
- Residents, relatives & Carers group, Tues bi-monthly, 4 pm at Hospital.
- RSL meets 1st Thursday of Feb, Apr, July & October at 6 pm at RSL Hall.

Would you like your group listed here, contact Mark on 0409192612 or email penshurstmensshedinc@gmail.com

Mount Rouse News & Views Community Newsletter

Would you like to advertise, share your events, photographs and stories with our community. All articles, photos and advertising should be emailed to

penshurstmensshedinc@gmail.com

NEWSLETTER SUBSCRIPTIONS

If you wish to subscribe to this by mail the postage cost is \$2 per issue. If you would like to receive each issue by email contact the Editor at:

penshurstmensshedinc@gmail.com

Contact the Editor:

Mark Dalla Costa 0409 192 612

ADVERTISING RATES (Per Issue)

Full page: \$20

1/2 page \$10

1/4 page \$5

Business Card \$3

The Penshurst Newsagency & Takeaway is a family-run business.

On a bright and sunny Sunday afternoon we sat down to talk about the importance of family, good food and being part of the growing Penshurst community.

Tracy has spent most of her life in Penshurst and has strong ties with the town. Josh was born in the region and has seventeen years' experience as a qualified Chef, a career inspired by his mother. Part of his 14 years in Penshurst was as the Chef at the Penshurst Hotel and he continues to provide a Catering service from their new business for various events around the town.

"We believe that Penshurst is a great place to live and raise our children and intend to be here for the long term. Our family has given us wonderful support, and the Takeaway has allowed us to catch up with a lot of old friends," said Tracy. We then got into a discussion about what makes a great hamburger, and that they now have "Chicken & Seafood" (served with an abundance of chips and salad), on their increasing menu.

**Penshurst Newsagency & Takeaway****OCTOBER SPECIAL****2 x large pizzas & 1.25L Drink****Only \$39.00**

Grab your Takeaway and extras from
Josh & Tracy Hewitt at the

Penshurst Newsagency & Takeaway

86 Bell Street Penshurst 5576 5330
ABN 62624156010

All Day Breakfast, Egg & Bacon Rolls, **Home-made cakes & slices**

Mahalia Coffee, Fresh Bread, Milk, Meat and soft drinks.

Fresh battered Fish, Dim Sims, **Hot Chips** and much more.

**Try the specials – Chicken Parma, \$15.00, Souvlakis (Lamb or Chicken),
Fish & Chips with salad \$10.00**

NEW – Chicken & Seafood (served with chips & salad) \$18.00

Hamburgers, Chicken Chilli Burgers, Steak Sangas, Chicken Schnitzel Burgers

Check our board for weekly specials!

Opening hours

6am – 7pm Monday – Thursday

7am - 8pm Friday, 7am – 8pm Saturday

8am – 7pm Sunday

Please phone late orders 15 minutes prior to closing, thank you.



Café & Reading Room
110 Bell Street
Penshurst

**Come in and check out
 our delicious
 lunch menu**

**Open Thursday
 to Sunday**

Try our
Coffee & Tea
Cool drinks

And New

Lindt Hot Chocolate

Café Menu

Lunch

Lasagne
 Pumpkin Soup
 Turkish Bread with brie, chicken, tomato relish,
 aioli & sundried tomatoes
 Croissant with jam or toasted with ham &
 cheese
All home made

Morning & Afternoon Tea

Cakes, slices, muffins & more
 Chocolate
 Apple Spice Cake
 Vanilla Slice
 Gluten Free Muffins
 Spice Yoghurt Muffs

All day breakfasts

Eggs	Scrambled, Fried, Boiled or Poached
Sides	Spinach, Bacon, Mushrooms or Tomato

Pancakes & Maple Syrup

Spinach & Cheese Omelets

Toasted Sandwiches

Bacon & Egg, Ham, Cheese, Tomato or
 combinations

Fruit Toast

Or keep it simple

Toast with Jam, Vegemite, Cheese, Marmalade

Caramut and District Garden Club

There is a suitable **Rose** for everyone's taste. Rambling, standard, bush miniature, weeping, ground cover or even in pots. All roses need plenty of sunlight, at least 4 - 5 hours a day. Plenty of air movement will also make for a healthy vigorous plant with lots of flowers. Roses are heavy feeders, so keep fertilizing well - except at planting time. Wait three weeks after planting before feeding, any sooner the roots can burn if they come into contact with manures and fertilizers. Watering roses is important over the growing months with a good soaking twice a week being much better than a small trickle every day. If the roses are well mulched, watering could be once a week. October is a good month to start mulching. Any type of mulch is much better than none - I use sheep manure or leaf mulch. Whatever mulch is used, keep away from the main trunk. October sees the blooms starting to flower in all their glory from the middle of the month - so enjoy.

To under plant roses or not is quite controversial. An edging of dwarf lavender or grey-leafed lambs ears or try catmint. Clumps of iris, annuals or bedding plants can also be grown around roses as they have shallow roots and will not compete too much for water and nutrients. I prefer plants around my roses.

Now is a good time to plant most vegies - beans, beetroot (the young leaves are good in salads), capsicum, chillies, carrots, parsnip, sweet corn, pumpkin tomatoes, lettuce, spring onions and zucchini. Many of these can be grown in pots, especially tomatoes, if you don't have a large garden. Hopefully we will not have a very late frost.

Prune back spring-flowering plants once they have finished.

Competition Results for September were:

Bloom: 1st Barbara Surkitt 2nd Brenda Uebergang

Special: 1st Helen Brown 2nd Robyn Wood

Produce: 1st Marita Smith 2nd Janet Shalders

Special Flower for next meeting Dutch Iris

The **next Meeting** is on Tuesday 9th October at Marita Smith's home (1612 Caramut Rd. Winslow) followed by a visit to Lorraine Schefferle's garden.

COMPETITION RESULTS

Guess the Names of the Hens at EJs Café

The winner of the competition that was advertised in Edition 2 was Mr Don Morton. Don is pictured below receiving his prize from John Pfeiffer of EJ's Café.



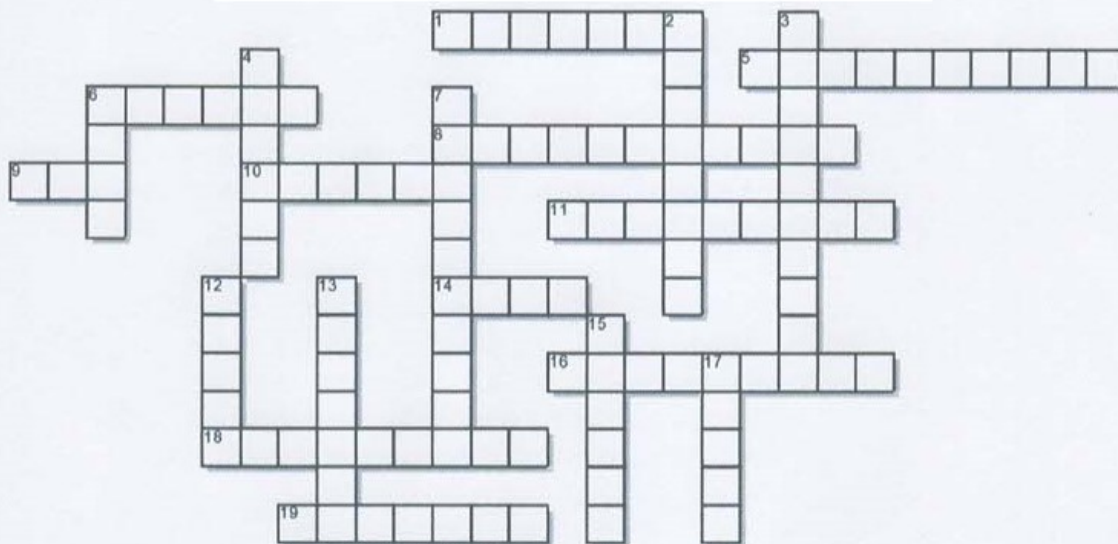
Caramut and District Garden Club (continued)

Humble earthworms were praised by Aristotle as 'the intestines of the earth', but their profile has remained pretty low ever since - except by gardeners.

Visitors are always welcome.

What is happening at your Clubs, Associations, and groups in the Penshurst & Districts region. Share it with our Newsletter and advertise your events on our Monthly Calendar. Everyone Welcome.

The Mount Rouse Puzzler 4



ACROSS

- 1 voice of a breath
- 5 easily accessed
- 6 a nail's worst enemy
- 8 the action of not letting go
- 9 a hoot with a history of wisdom
- 10 the good oil, or all along the highway
- 11 a hearty feast or ignored
- 14 candle holder
- 16 can be fun, or mind boggling
- 18 a time of regret, joy or consideration
- 19 at night or during the day

DOWN

- 2 both delicious and a reminder
- 3 heavy makeup
- 4 a writing implement
- 6 a great place for dancing
- 7 a joy in our old age
- 12 a wanderer
- 13 rise and shine, who needs an alarm clock
- 15 building with history
- 17 turn the screw

Answers to Puzzle 3

Across - 3 love, 9 star, 10 falls, 11 elephant, 13 storage, 15 shelter, 17 encyclopedia, 18 lotus, 19 intuition

Down - 1 tomatoes, 2 pest, 4 ragamuffin, 5 friendship, 6 tranquility, 7 vista, 8 mattress, 9 snake, 12 lake, 14 book, 16 Egypt

Crossword solution will be included in our next issue

PLACES OF INTEREST IN PENSHURST

Volcanoes Discovery Centre

www.penshurstvolcano.org.au

Yatmerone Wildlife Reserve

Ritchie St Penshurst

Botanic Gardens

Chesswas St Penshurst

Caravan Park

Cox Street Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

A PAGE TO SHARE RECIPES

The following recipes were submitted by readers this week. Thank you.

Toad in the Hole with Onion Gravy

Ingredients (serves 2)

4 Sausages

Batter

80g plain flour

1 egg

Salt and pepper to taste

1/3 cup milk

Onion Gravy

1 thinly sliced onion

1 tbspn vegetable oil

1 tsp caster sugar

1 cup beef or chicken stock

1 tbspn Worcestershire sauce

1 tsp mustard powder

1 tbspn flour

Method

- Preheat oven to 220 degrees C
- Sift the flour into a bowl, crack the egg into the centre and add salt and pepper to taste. Gradually whisk in the milk until smooth. It can stand for a while.
- Coat the sliced onion in oil and sugar and spread over a baking tray. Put the sausages in a baking dish and put both in the oven.
- When the sausages are cooked (10-15 mins) add a spoon of oil then pour in the batter. Return to the oven and bake for 30 mins.
- Heat the stock in a small saucepan. Add the Worcestershire sauce and mustard powder. When the onions are blackening, sprinkle them with the flour and add them to the stock, stirring with a fork until smooth.
- Serve the sausages and batter with the onion gravy poured on top.

Never Fail Scones

Ingredients

1 cup thickened cream, 1 cup lemonade or soda water, 2 cups self-raising flour, pinch of salt, beaten egg

Method

Heat oven to 200C. When hot ..

Put 2 cups of self-raising flour into a big bowl. Add salt and mix.

Working quickly, add 1 cup cream and mix lightly

Add 1 cup lemonade (or other fizzy drink, works with Lift) and mix lightly.

Flour the benchtop, tip mix out of bowl and kneed lightly until it just comes together. Roll out to about 2cms thick, cut to scone shape, put on baking paper on an oven tray, brush with beaten egg. Cook for 12 minutes, or until brown. Take from tray and place in a colander lined with a tea towel and wrap up to finish the cooking by steaming.

Dear Penshurst & District Community,

This is your **INVITATION**

To our

CELEBRATION

Of the

RESTORATION

within our 153 year old church.



Sunday 21st October 2018

St Andrew's Uniting Church,

Martin Street, Penshurst

2.00pm Service led by Rev. Angie Griffin



3.00pm Afternoon tea

Bring a plate, bring a friend

EVERYONE IS WELCOME

In Remembrance of 153 years of Christian Witness in the Penshurst & District Community.

<p>Bethlehem Lutheran Church Tabor</p> <p>Service every Sunday 10.00am</p>	<p>Penshurst Anglican Church</p> <p>5pm Mass 4th Sunday each month</p> <p>For further details contact Janet Kelly on 5576 5247</p>	<p>St Andrew's Uniting Church Penshurst</p> <p>2nd Sunday 11am Service</p> <p>4th Sunday 10.30am Morning Tea, 11am Service</p>	<p>St Joseph's Catholic Church Penshurst</p> <p>1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am</p>
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A PAGE FOR THE CHILDREN

Can you colour the pictures?



If you are looking for ideas to entertain the children during the holidays don't forget the **Greater Hamilton Library** has an extensive program.

Details can be obtained by ringing 557 30470

To dare to dream in the midst of adversity, in the midst of failure, in the midst of complacency, is to have hope.

Dani Johnson, Spirit-Driven Success

Nothing is more rewarding in life than releasing your unlimited potential and leading a creative, purposeful life.

Robert Anthony



PUBLIC NOTICE AGM

PENSHURST CREATIVE ARTS INC

Tuesday 30th October 7.30pm

at Penshurst Mens Shed,
Cobb Street,

Everyone is welcome.

For more information contact

Tom Cooke 0488 557 345

Penshurst Memorial Hall

To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345 or Email penshurstmemorialhall@gmail.com.

Contact Ama or Tom Cooke for key collection.

Daily charges for Hall hire:

- Supper Room or Kitchen \$50
- Main Hall \$150
- Entire Venue \$250

Conditions apply

Penshurst Hospital Market

On again, come down for a great day out!

SATURDAY OCTOBER THE 6TH, 10 AM–2 PM

Penshurst Memorial Hall, Martin Street Penshurst



Crafts, sausage sizzle, Little Golden Books, Raffles and lots more. Face painting, leather belts and horse whips. Candles, toys, bags, cards, etc, etc.

And of course food, plants and bric a brac.

Gold coin entry with all money going to your local hospital and aged care.

Phone Nanette on 55723257 if you would like a stall

LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at :

penshurstmensshedinc@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

Feedback Forum

Thank you to everyone who has been providing feedback for our new newsletter. Both positive and construction comments have been taken onboard and we endeavour to continue to provide Penshurst & District with an informative and entertaining newsletter each fortnight. Please remember this is your newsletter and we appreciate your contributions to its contents.

The Editor

"Our words have the power to bring someone up and help them achieve their purpose in life, or bring to them down and make them go down a dark path."

Grant Dean

Life is to be fortified by many friendships. To love, and be loved,
is the greatest happiness of existence. Sydney Smith

CORRECTION

In our last edition it was incorrectly stated that the football tipping was sponsored by the General Store when in fact it was sponsored by the Penshurst Hotel. We apologise to all concerned.

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"Mt Rouse News & Views Community Newsletter"

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Email: penshurstmensshedinc@gmail.com



**Mandy's
Hair Design**

**80A BELL ST
PENSURST**

Bookings by appointment

For appointments please ring

**Mobile: 0417 511 177
Thankyou**

Mobile Library

Internet, audio books, dvd's, fiction & non-fiction, children's section,

If we don't have it we can get it free!

It currently visits Penshurst every

THURSDAY FORTNIGHT

3.00 to 4.00 pm outside the Hall in Martin St



The Mobile will not operate on extreme and Code Red fire declared days.

Phone 5573 0470

Www.sthgrampians.vic.gov.au/library

**CHRISTOPHER COOK
CONSTRUCTIONS**

Ph: 0417 100 243

Fax: 5576 5267

112 Bell Street Penshurst Vic 3289

HIA Reg CB-U 6214 DB-U 5109



Watch this spot



WHAT'S HAPPENING ON THE HAMILTON HIGHWAY

October 12 - 14th

"Waking the Giants" at Mt Elephant, Derrinallum.

- a celebration of the Victorian Volcanic Plains through Music Art & Story.

21 October 2018 & 17 March 2019

Pierrepoint Wines Classic Rock & Wine Event

Tickets \$10 per person (pay at the Event)

291 Pierrepoint Road Tarrington.

November 17

The Lismore and District Mens Shed will be holding a market in the Lismore Health Centre Carpark on Saturday 17th November from 8.30am to latish, possibly 4.00pm.

The Greater Hamilton Events Guide—Spring & Summer

The Spring & Summer edition is now available. It can be obtained from any Visitor Information Centre in the Shire or online at

[www.sthgrampians.vic.gov.au/files/Events/
Spring_Summer_Events_Guide_2018_2019.PDF](http://www.sthgrampians.vic.gov.au/files/Events/Spring_Summer_Events_Guide_2018_2019.PDF)

Events new to the region include:

- GLENTHOMPSON MOWATHON OCTOBER 5-6
- DAWNE CHORUS EXTRAVAGANZA OCTOBER 20
- LIONS DISTRICT CONVENTION NOVEMBER 9-11
- DUNKELD ART MARKET NOVEMBER 17-18
- BRANXHOLME JAZZ FESTIVAL NOV 30 - DEC 2



Post Offices have changed in many ways over the years, now offering a wide variety of products and services.



Did you know you can deposit & withdraw with all major banks and Credit Unions at Penshurst Post Office

Also

Passports & Passport Photos

Working with Children Applications

Post Office Boxes available – To keep your mail safe

Overseas Money - Commission free

Money orders

Western Union Money Transfer

Gifts for all occasions and ages – GREAT PRICES

Quality Cards & Wrapping Paper

Darrell Lea Chocolates

AND MUCH MORE

Monday – Friday 9am to 5pm

(03) 5576 5220

31 Martin St, Penshurst Vic. 3289

NEW!

"Hamilton Life Centre Market"

The first Saturday of each month - 9am to 2pm

Look for us at the "Foot of the Cross" at 123 Coleraine Road, Hamilton, VIC
(You can also enter the site at 38 Kenny Street)*

Next Market Day is Sat October 6th

There will be over 20 vendors and stalls where you'll find many new & used treasures, food, crafts and more, so come and explore. There will be plenty of food & fun for all!

*Parking is available on the site directly behind the market lot in the church parking area for **The Life Centre of Hamilton** via 38 Kenny Street entrance

For more information or if you would like to be a stall holder please contact Pastor Rick Penny at 0410914021 or rick@sglifecentre.com.au



IAN OVERALL MOWING AND GARDENING

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Lawn mowing including commercial ride-on mower

Garden maintenance, Chainsaw work

TAIL END TALES

PENSHURST HISTORY – FOR THE NEWCOMERS

To start this series I would like to bring you some facts about the history of our beautiful town. While I expect most will know these, I am sure many will not.

Penshurst was founded when the Western District was opened up in the 1850s. It sits on Victoria's first highway to be built and is ideally situated with a permanent water source. The town was first surveyed in 1851 but was not gazetted as a town until 1861.

The town was laid out with streets wide enough to allow bullock teams to turn around.



Before the railways became widespread the bullock teams were the major method used to move goods around Victoria. The photo (left) is of a bullock team hauling a dray loaded with wool in western NSW.

Penshurst was originally the major centre for the Mount Rouse Shire which has since become part of Southern Grampians. The old shire offices now form the basis for the Volcanoes Discovery Centre.

I would like to share more local history and stories and would appreciate your submissions.

Riddles

1. What can travel around the world while staying in a corner?
2. I'm tall when I'm young and I'm short when I'm old. What am I?
3. What has hands but can not clap?
4. You can drop me from the tallest building and I'll be fine, but if you drop me in water I die. What am I?
5. What has a head and a tail, but no body?
6. What has an eye but can not see?
7. What gets wetter and wetter the more it dries?

Answers to last fortnight's riddles:

1) A glove, 2) Keyboard, 3) Shadow, 4) A Towel, 5) The letter M, 6) Nothing, 7) SmileS (there's a mile between the S's).